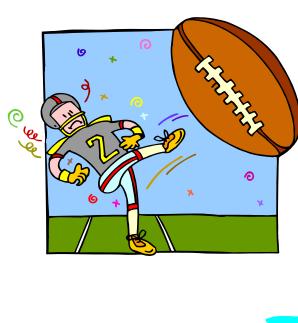


Super Bowl Sunday



THE LOCKER ROOM TALK School Meals = Healthy Weight Being Active = Healthy Weight



Monday Tuesday Wednesday Thursday Friday 1 2 Super Bowl Party Breakfast Biscuit Sandwich Cinnamon Roll w/Toast Dairy or or Fruits Cereal & Toast Cereal & Toast Fresh Fruit & Juice Fresh Fruit & Juice Protein Milk Milk Spaghetti & Meat Sauce Little Smokies w/Bread w/Garlic Toast Choose MyPlate.gov Corn Fresh Veggies & Dip Apple Bananas & Pudding Milk Milk 5 6 8 9 Sausage Pancake Stick Mini French Toast & Syrup Omelet & Toast Mini Bagels Biscuit & Sausage Gravy ٥r or or or or Cereal & Toast Fresh Fruit & Juice Milk Milk Milk Milk Milk Hot Ham & Cheese Sandwich Mini Corn Dogs Chicken Nuggets Taco Crunch Choice of Pizza Baked Beans Tater Tots Garden Salad Carrots & Dip Corn Pears Grapes Peaches Blueberry Crisp Warm Apple Slices Milk Milk Chips w/Meal Milk Milk Milk

Available Daily for Lunch

- Garden Bar
- PB & J Sandwich w/Cheese Stick
- Chef Salad w/Crackers
- Deli Ham Sandwich
- Menus Subject to Change
- This institution is an equal opportunity provider.

Apply Online! Free & Reduced Meal Benefits 24/7 wheartlandapps.com

Pay online or monitor account at: myschoolbucks.com



- - The number of these conversation candy hearts produced is approximately 8 billion.
 - There are approximately 50 million roses given on Valentine's Day around the world.
 - Women tend to buy approximately 85% of all the Valentine`s Day cards sold.

Available Daily for Lunch

This institution is an equal opportunity provider.

- Garden Bar
- PB & J Sandwich w/Cheese Stick
- Chef Salad w/Crackers
- Deli Ham Sandwich
- Menus Subject to Change

	Monday	Tuesday	Wednesday	Thursday	Friday
	12 Early Release Tornado & Toast or Cereal & Toast Fresh Fruit & Juice Milk	13 Fat Tuesday Sausage & Egg Biscuit or Cereal & Toast Fresh Fruit & Juice Milk	14 Valentine's Day Long John Donut & Toast or Cereal & Toast Fresh Fruit & Juice Milk	15 Scrambled Eggs & Ham Slice w/Toast or Cereal & Toast Fresh Fruit & Juice Milk	16 Cinnamon Roll or Cereal & Toast Fresh Fruit & Juice Milk
	Hamburger or Cheeseburger Baked Beans Pineapple Tidbits Milk	Ham/Turkey Sandwich w/Gumbo Slaw New Orleans Fruit Salad Kings Cake w/Meal Milk	Fish Sticks w/Mac & Cheese Green Beans Orange Valentine Cookie w/Meal Milk	Popcorn Smackers Garden Salad Corn Jello w/Fruit Milk	Cheese Bosco Breadsticks Cooked Carrots Banana Milk
	19 Presidents Day	20	21	22	23 Monthly Pirthday Colobration
	No School	Breakfast Bosco or Cereal & Toast Fresh Fruit & Juice Milk Brunch Lunch Mini Pancakes & Syrup Sausage links	Scrambled Eggs & Toast or Cereal & Toast Fresh Fruit & Juice Milk Chili w/Cinnamon Roll Garden Bar	Sausage Pancake Stick or Cereal & Toast Fresh Fruit & Juice Milk Crispy Chicken Filet Mashed Potatoes & Gravy	Monthly Birthday Celebration! French Toast Sticks or Cereal & Toast Fresh Fruit & Juice Milk Choice of Pizza Garden Salad Corn
		l	Apple Milk	Cooked Carrots Banana Milk	Mixed Fruit Ice Cream w/Meal Milk
n	26	27	28	March 1	2
`s	Breakfast Pizza or Cereal & Toast Fresh Fruit & Juice Milk	Homemade Burrito & Toast or Cereal & Toast Fresh Fruit & Juice Milk	Cinnamon Biscuit or Cereal & Toast Fresh Fruit & Juice Milk	Mini Pancakes or Cereal & Toast Fresh Fruit & Juice Milk	No School
	Chicken Fajitas Red Beans & Rice Applesauce Milk	Chicken & Noodles Cheese Stick Carrots & Celery w/Dip Jello w/Fruit Milk	BBQ Pulled Pork Sandwich Tater Tots Strawberry Salad Milk	Hot Dog Baked Fries Peaches Milk	Be My





Pay online or monitor account at: myschoolbucks.com

